

## Personality Development

Written by administrator

Tuesday, 05 April 2016 05:53 - Last Updated Wednesday, 13 April 2016 08:47

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Girijabai Sail Institute of Technology, Karwar has conducted a four day Personality Development Program for final year engineering students at GSIT campus from 28 March to 31 March 2016

The program was conducted by Mr Zeree B jahangirji and Mr Umesh Raj both from ZUAB Associates who had about 36 years of industry / consultancy experience

The content of the training was as follows.

1. Knowing one self( Personal Goals, Dreams, Ambitions, Desires and Drives. Self Mission and Purpose. TA Profile to give an insight into Self – Dominant Styles. Characteristics of High Achievers. Thinking – Feeling Model. Focus on transitioning from “I” to “WE”. Self Beliefs and Values. Self Esteem. Film. SWOT. )

2. Communication (Initiative, Advocacy, Problem Solving, Team working and Critique. Listening and Learning. Relationships. Grid Profile on Task : People Orientation. Film.)

3. Attitude (Fish Philosophy. Mind – Body – Heart and Soul Balance. Positive Mental Attitudes and Thinking. Can – Do Attitude. Dare to do and be different. Making Things Happen. Excellence and Greatness. Leaving a Legacy !)

4. Presentation ( Effectiveness. Grooming. Habits of Great People. Time Management. Value Addition and Value Creation. PLAN Model . Video feedback.)

5. Selection Process (PTs, GDs, Interviews, Questions, SWOT, etc)

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6. Experiential Learning ( Case Studies, Topical Presentations, Mock-ups, Summarisation. Selecting and Executing a Small Project.)

On the final day half day session was conducted for GSIT faculty too. The photos are attached herewith.

The event was inaugurated by the principal Dr. Suresh D. Mane and coordinated by Mr William Fernandes Administrator of GSIT.